



## Fall in Love With Your Room: Tips to Refresh Your Living Space For Autumn

*Written by Avalon Lustick on August 26, 2018 10:13 am.*

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Cool weather is coming and it's time to prepare!

With a new season comes a new aesthetic, why not take advantage of the change and refresh the area you live in?

Like spring cleaning, but for the cooler months.

However you want to approach the transition, either with a deep clean or simple tricks to change the energy, here are some places to start.

Below are several ways to start living the cool weather life.

#### ROTATE YOUR MATTRESS

They say you spend a majority of your life in bed.

By rotating or flipping your mattress you can break free from the mold you create in the cushion and start a new!

#### SWITCH YOUR SHEETS

Change up the sheets on your bed with a new color, pattern, or material.

Work those textures to make for a cozier home base.

#### FALL SCENTED CANDLES

Mangos and coconut are so last season, opt for new scents when candle shopping.

From sandalwood to pumpkin spice, everyone likes a nice smelling room.

Afraid of fire? Hope on the bandwagon and try out essential oils and an oil diffuser.

#### REARRANGE THE LIGHTING

Overhead lights are boring.

Change how you see the world by putting a lamp here or there.

By rearranging the lighting, you can create an entirely different ambiance than you had before.

#### CLEAR THE SURFACES

Anything on your nightstand, or on the floor, or even the chair not meant for sitting but for collecting your junk, clear it.

Depending on who you are as a person, you can either just shove it under the bed or actually put it back where it belongs.

Regardless, clearing the surfaces in the room will clear the air.

#### PUMPKINS

What the hell! Throw a pumpkin in there.

It could be a little accessory. It could be a picture or even an actual pumpkin.

## PHASE OUT SUMMER CLOTHES

Go through your closet and start to put away summer clothes you're confident you won't wear anymore.

With each piece of summer clothing, you put away, bring out a piece of winter clothing.

When you hang them up, put the clothing on a hanger and hang it backward.

If its still hanging that way and you haven't worn it, the backward hanging acts as an indicator that you should donate that piece of clothing in time for spring clothing.

## OPEN THE WINDOWS

When there is a crisp breeze, open a window and turn down the air conditioning.

Breathe in the freshness.

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